

Mental Health



Comprehensive Mental Health Services



Individual
Counseling



Stress Management
Workshops



Employee Assistance
Programs (EAP)



Crisis
Intervention

**Our team is available during business hours, evenings, and weekends to accommodate your schedule and minimize disruption to your daily life.*

Our Expertise

For **14 years**, Nao Medical has supported workforce mental health across NYC with **11 locations**, now expanding to new areas.

Our comprehensive mental health services, delivered through convenient **virtual counseling**, provide confidential support when and where it's needed.

We empower your team to achieve peak performance and drive business growth.

Contact Us

For more information or to schedule a mental health appointment, contact:

Wayland Benbow

Director of New Business

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☎ 917-801-2323

Visit our website at naomedical.com to learn more about our services and locations.